



PURPOSE. PROFIT. IMPACT.

REARVIEW MIRROR & THE ROAD AHEAD

Rearview Mirror Exercise

- Review your goals that you had set for this year and identify what you hit, exceeded, or fell short. Be honest with yourself on why some things may not have been reached.
- What were the projects you completed (personally & professionally)?
- What were the things you've been wanting to do for yourself that you finally did? List them out (add smiley faces, stars, hearts, all the things!)
- What were some things you learned about yourself?
- What are some things you learned about your business (or career)?
- What are some things you wanted to do but didn't get accomplished?

The Road Ahead Exercise

- Who do you want to be in the new year? Write out the profile of the person you want to be and the business and career you want to have. This is the visionary piece of the exercise.
- What does this person look like?
- How do they show up?
- What are some words that describe them?
- What are their attributes and characteristics?
- What do you want to see for yourself personally in the new year?
- What are the goals you have for your business or your career? List them out. Don't be shy. Go for what you want!
- What will it take of you to reach those goals personally?
- What will it take to reach your goals professionally?

Now make out your new year plan and let's make the road ahead a beautiful one!
